



# DATES FOR YOUR DIARY

COMMUNITY EVENTS COLATED BY THE FOREST OF DEAN DEMENTIA ACTION ALLIANCE

SEPTEMBER 2023

## MONTHLY EVENTS

## LOCATION

## RING

MON 4 <sup>TH</sup>	2.00 SINGING FOR THE BRAIN	The Main Place <b>COLEFORD</b>	GL16 8RH	01452 525222
TUE 5 <sup>TH</sup>	10.30 INDOOR ACTIVE GAMES	<b>ST BRIAVELS</b> The Assembly Rooms	GL15 6TG	01594 530890
WED 6 <sup>TH</sup>	10.00-1.00 CARER CAFÉ	THE WESLEY 7 Belle Vue Rd <b>CINDERFORD</b>	GL14 2AA	07971 303958
	10.30-12.30 COFFEE MORNING	<b>COLEFORD</b> Great Oaks Hospice	GL16 8QE	01594 841964
	10.30 MUSIC MEMORY CAFÉ	The Main Place <b>COLEFORD</b>	GL16 8RH	07921 842407
	2.00 MEMORY CAFÉ	<b>SEDBURY</b> The Village Hall	NP16 7AG	07522 178639
THU 7 <sup>TH</sup>	10.30 PARKINSON'S CAFÉ	Belfry Hotel Broad St <b>LITTLEDEAN</b>	GL14 3JS	01594 827858
	PARISH LUNCH (over 50's)	<b>WOODCROFT</b> The Christian Centre	NP16 7PZ	07369 226546
SAT 9 <sup>TH</sup>	11.00 POP-UP FARMERS MARKET	The Village Hall <b>MINSTERWORTH</b>	GL2 8JH	07546 497203
MON 11 <sup>TH</sup>	11.30 VIRTUAL MEMORY CAFÉ	gloucestershire@alzheimers.org.uk	<b>ZOOM</b>	07784 298689
<b>TIME CHANGE</b>	2.00 SING 2 REMEMBER	<b>LYDNEY</b> The Community Centre	GL15 5AT	07966 627840
TUE 12 <sup>th</sup>	2.00-4.00 MEMORY CAFÉ	The Baptist Church Hall <b>COLEFORD</b>	GL16 8AJ	07391 099169

<b>WED 13<sup>th</sup></b>	<b>10.00-1.00 CARER CAFÉ</b>	<b>COLEFORD</b> Bicky's Cafe	<b>GL16 8RG</b>	<b>07971 303958</b>
	<b>10.30 MEMORY CAFÉ</b>	St James Community Hall <b>BREAM</b>	<b>GL15 6HB</b>	<b>07907 024004</b>
	<b>10.30 MUSIC MEMORY CAFÉ</b>	<b>LYDNEY</b> The Old Town Hall	<b>GL15 5DY</b>	<b>07790 560887</b>
	<b>2.00 MEMORY CAFÉ</b>	The Community Centre <b>LYDNEY</b>	<b>GL15 5AT</b>	<b>07976 829971</b>
<b>NEW</b>	<b>5.00 -7.30 FOD DEMENTIA CHOIR</b>	<b>COLEFORD</b> The Baptist Church	<b>GL16 8AJ</b>	<b>07971 555576</b>
<b>THU 14<sup>th</sup></b>	<b>1.00-3.00 CARER CAFÉ</b>	Doctors Surgery <b>STAUNTON</b>	<b>GL19 3RB</b>	<b>07971 303958</b>
<b>MON 18<sup>th</sup></b>	<b>2.00 SINGING FOR THE BRAIN</b>	The Main Place <b>COLEFORD</b>	<b>GL16 8RH</b>	<b>07784 298689</b>
<b>TUE 19<sup>th</sup></b>	<b>10.30 INDOOR ACTIVE GAMES</b>	<b>ST BRIAVELS</b> The Assembly Rooms	<b>GL15 6TG</b>	<b>01594 530950</b>
<b>WED 20<sup>th</sup></b>	<b>10.00-12.00 GRAND OPENING</b>	Orchard Trust Upper Stowfield <b>LYDBROOK</b>	<b>GL17 9PP</b>	<b>01594 860615</b>
	<b>10.30 MUSIC MEMORY CAFÉ</b>	<b>ST BRIAVELS</b> The Assembly Rooms	<b>GL15 6TG</b>	<b>07966 627840</b>
	<b>12.30-2.30 FAMILY FUN DAY</b>	St James Community Hall <b>BREAM</b>	<b>GL15 6HB</b>	<b>07854 064249</b>
<b>THU 21<sup>ST</sup></b>	<b>10.30 COFFEE MORNING</b>	<b>LYDNEY</b> St Mary's Church	<b>GL15 5TL</b>	<b>01594 842321</b>
<b>MON 25<sup>th</sup></b>	<b>11.30 VIRTUAL MEMORY CAFÉ</b>	<a href="mailto:gloucestershire@alzheimers.org.uk">gloucestershire@alzheimers.org.uk</a>	<b>ZOOM</b>	<b>07784 298689</b>
<b>TIME CHANGE</b>	<b>2.00 SING 2 REMEMBER</b>	The Community Centre <b>LYDNEY</b>	<b>GL15 5AT</b>	<b>07966 627840</b>
<b>WED 27<sup>TH</sup></b>	<b>10.30 MUSIC MEMORY CAFÉ</b>	<b>CINDERFORD</b> The Wesley 7 Belle Vue Rd	<b>GL14 2AA</b>	<b>07790 560887</b>
<b>NEW</b>	<b>5.00 -7.30 FOD DEMENTIA CHOIR</b>	The Baptist Church <b>COLEFORD</b>	<b>GL16 8AJ</b>	<b>07971 555576</b>
<b>THU 28<sup>TH</sup></b>	<b>10.30 GENTLE SENSORY WALK</b>	<b>LYDBROOK</b> Orchard Trust Upper Stowfield	<b>GL17 9PP</b>	<b>01594 860615</b>
	<b>11.00-12.00 COFFEE MORNING</b>	Rising Sun Community Pub <b>WOODGROFT</b>	<b>NP16 7HY</b>	<b>01291 630888</b>
<b>SAT 30<sup>TH</sup></b>	<b>10.00-1.00 FAMILY FUN DAY</b>	<b>CINDERFORD</b> St Stephen's Belle Vue Rd	<b>GL14 2AA</b>	<b>01594 822286</b>



## **FOD DEMENTIA**

**SOFT LAUNCH 13<sup>TH</sup> SEPTEMBER (then fortnightly) The Baptist Church **COLEFORD** GL16 8AJ **07971 555576****

WEEKLY EVENTS		LOCATION		RING
MON	10.00-12.00 <b>4C For Carers</b>	<b>TELEPHONE</b> Andy Morgan-Watts For Location		07931 842407
	10.00-12.00 <b>COMMUNITY HUB</b>	Memorial Hall 45 Ruspidge Rd <b>RUSPIDGE</b>	GL14 3AE	07494 267441
	10.30 <b>COMMUNITY WALK</b>	<b>CINDERFORD</b> Meet @ Foxes Bridge Ct	GL14 2LJ	01594 825314
	10.30 <b>COMMUNITY WALK</b>	Meet @ Crown Lane <b>PARKEND</b>	GL15 4JE	01594 562541
	10.30 <b>ACTIVE BALANCE</b>	<b>WOOLASTON</b> Village Hall	GL15 6SU	01549 812447
	11.00 <b>COMMUNITY HUB</b>	Sixteen Community Cafe <b>COLEFORD</b>	GL16 6BA	01594 835954
	12.00 <b>FRIENDSHIP GROUP</b>	Various Locations around the Forest	<b>Julie</b>	07790 560887
	2.00 <b>GENTLE EXERCISE</b>	The Village Hall <b>SEDBURY</b>	NP16 7AG	07522 178639
	2.00 <b>FRIENDSHIP CLUB</b>	<b>BREAM</b> West Dean Centre	GL15 6JW	01594 563456
TUE	10.00 <b>COMMUNITY HUB CAFÉ</b>	The Sedbury Village Hall <b>SEDBURY</b>	NP16 7AG	07522 178639
	10.30 <b>COMMUNITY WALK</b>	<b>MITCHELDEAN</b> Meet @Well Wisher Café	GL17 0SL	07899 664916
	10.30 <b>COURTYARD CAFÉ</b>	The Assembly Rooms <b>ST BRIAVELS</b>	GL15 6TG	01594 530950
	10.30 <b>COMMUNITY WALK</b>	<b>STAUNTON</b> Village Hall	GL16 8NX	01594 562340
	11.00-2.00 <b>DIVERSE LEAP</b>	CANDI Drop-in Centre <b>CINDERFORD</b>	GL14 2RT	07776 355200
	12.00 <b>MIXED SKITTLES</b>	<b>TELEPHONE</b> Julie Kingston For Location		07790 560887
	12.00 <b>LUNCH CLUB</b>	The Victoria Centre <b>LYDNEY</b>	GL15 5DG	01594 843418
	2.00 <b>CLUB CONNECT</b>	<b>BROADWELL</b> Football Club	GL16 7BE	01594 812447
	2.00 <b>COMMUNITY WALK</b>	Meet @ Assembly Rooms <b>ST BRIAVELS</b>	GL15 6TG	01594 530890
	2.30 <b>SOFT BOWLS</b>	<b>LYDNEY</b> Goode Court	GL15 5JP	03701 924572

<b>WED</b>	<b>10.00 COMMUNITY HUB</b>	<b>The Taurus Craft Centre LYDNEY</b>	<b>GL15 6BU</b>	<b>01594 822073</b>
	<b>10.00 COMMUNITY WALK</b>	<b>Meet @ HARTBURY Village Hall</b>	<b>GL19 3BJ</b>	<b>01452 700707</b>
	<b>10.00 COFFEE &amp; CAKE</b>	<b>PRIMROSE HILL Holy Trinity Church</b>	<b>GL15 5SL</b>	<b>01594 842321</b>
	<b>10.30 COMMUNITY WALK</b>	<b>Meet @ YORKLEY Community Centre</b>	<b>GL15 4RS</b>	<b>01594 562468</b>
	<b>10.30 PARKINSONS EXERCISE</b>	<b>ALVINGTON The Memorial Hall</b>	<b>GL15 6BN</b>	<b>01594 529287</b>
	<b>10.30 COURTYARD CAFÉ</b>	<b>The Assembly Rooms ST BRIAVELS</b>	<b>GL15 6TG</b>	<b>01594 530950</b>
	<b>11.30 LUNCH CLUB</b>	<b>LYDNEY The Victoria Centre</b>	<b>GL15 5DG</b>	<b>01594 843418</b>
	<b>GENTS PUB LUNCH</b>	<b>Location TELEPHONE Julie Kingston</b>		<b>07790 560887</b>
	<b>1.00 FUN DAY</b>	<b>St James Community Hall BREAM</b>	<b>GL15 6HB</b>	<b>07854 064249</b>
<b>THUR</b>	<b>10.00 COMMUNITY WALK</b>	<b>SEDBURY Meet @ Sheila's Shop</b>	<b>NP16 7AA</b>	<b>07738 759190</b>
	<b>10.15 COMMUNITY WALK</b>	<b>Meet @ Bathurst Park LYDNEY</b>	<b>GL15 5HG</b>	<b>01594 841964</b>
	<b>10.30 COURTYARD CAFÉ</b>	<b>ST BRIAVELS The Assembly Rooms</b>	<b>GL15 6TG</b>	<b>01594 530950</b>
	<b>10.45 COFFEE MORNING</b>	<b>The Community Centre LYDNEY</b>	<b>GL15 5AT</b>	<b>07504 565153</b>
	<b>12.00 LUNCH CLUB</b>	<b>LYDNEY The Victoria Centre</b>	<b>GL15 5DG</b>	<b>01594 843418</b>
	<b>LADIES LUNCH CLUB</b>	<b>TELEPHONE Julie Kingston For Location</b>		<b>07790 560887</b>
	<b>2.00 MEMORY CAFÉ</b>	<b>Village Hall WOOLASTON</b>	<b>GL15 6SU</b>	<b>07753 270684</b>
	<b>2.00 COMMUNITY HUB</b>	<b>NEWENT Chill Out Zone</b>	<b>GL18 1AJ</b>	<b>01537 823753</b>
<b>FRI</b>	<b>10.00 COMMUNITY CAFÉ</b>	<b>West Dean Centre BREAM</b>	<b>GL15 6JW</b>	<b>01594 564484</b>
	<b>10.00-3.00 AZALEA CLUB</b>	<b>LYDNEY Community Centre</b>	<b>GL15 5AT</b>	<b>01452 302542</b>
	<b>10.00 COMMUNITY WALK</b>	<b>Meet @ West Dean Centre BREAM</b>	<b>GL15 6JW</b>	<b>01594 562822</b>
	<b>10.15 COMMUNITY WALK</b>	<b>COLEFORD Meet @ Clock Tower</b>	<b>GL16 8RH</b>	<b>07967 046159</b>
	<b>10.15 COMMUNITY WALK</b>	<b>Meet @ The Baptist Church LYDBROOK</b>	<b>GL17 9NA</b>	<b>07980 820103</b>